

Emergency Services/Hotlines:

National Suicide Prevention Hotline: 1-800-273-8255

The Access Help Line: 1-888-793-4357 (This 24-hour, seven-day-a-week telephone line is staffed by Dc Department of Mental Health behavioral health professionals who can refer a caller to immediate help and/or ongoing care.)

National Center for Missing and Exploited Children: 1-800-843-5678 (for children who have been missing or sexually abused)

National Human Trafficking Hotline: 1-888-373-7888 (for those who have experienced sexual trafficking)

Rape, Abuse & Incest National Network (RAINN): 1-800-656-4673 (for those who have experienced sexual assault)

National Domestic Violence Hotline: 1-800-799-7233 (for those who have experienced domestic violence)

Department of Behavioral Health (DBH) [list of community-based providers](#)

Services that may be able to assist with bill pay, housing, free food, more:

**Please note, each link will take you directly to the webpage that details each service listed and linked, and how to apply.*

- D.C.
 - [Catholic Charities Resource Guide \(as of May 2019\)](#)
 - [Southeast Family Center](#)
 - [Bread for the city](#)
 - [SMYAL](#)
 - [Sasha Bruce](#)
 - Covenant House DC:
 - [Housing](#)
 - [Support Services](#)
 - Greater Washington Urban League:
 - [Rental assistance](#)
 - [Utility assistance](#)
 - Latin American Youth Center DC services:
 - [Transitional Housing](#) (call the outreach center, listed program manager's number does not work)
 - [DC Prevention Center Wards 1&2](#)
 - Community Connections:
 - [Behavioral Health Services](#)

- [Integrated Care Services](#)
 - [Homelessness & Housing](#)
 - [Outpatient Addiction Services](#)
 - [Families and Children](#)
 - [Peer Empowerment](#)
- Bread for the City
 - [Legal Clinic](#)
 - [Health Care](#)
 - [Clothing](#)
 - [Nutrition Support](#)
- [Inclusionary Zoning Affordable Housing](#)
- [Legal Advice and Information](#)
- **Prince George's County**
 - [Catholic Charities Resource guide \(as of March 2019\)](#)
 - [A list of low-income apartments in PG County](#)
 - [Emergency shelters in PG County](#)
- **Montgomery County**
 - [Catholic Charities Resource guide \(as of June 2019\)](#)
 - [Catholic Charities Center](#) (you do not have to be religiously affiliated to receive services)
- **Charles County**
 - [Catholic Charities Resource guide \(as of March 2019\)](#)

Services available to anyone regardless of current or former address

- **Community Family Life Services**
 - [Drop-In Center](#)
- [N Street Village](#)
- **Latin American Youth Center**
 - [Mental Health treatment](#)
 - [Food and Nutrition program](#)
 - [Substance Use treatment](#)
 - [Behavioral Services for Homeless youth](#)
- [CFSA Rapid Housing Assistance Program \(RHAP\)](#)
- **First Congregational United Church of Christ**
 - [Drop-In Center](#) (offers free pizza/food on Mondays)

The Catholic Charities Resource Guides are updated occasionally. In the event that any of the links for the resource guides are broken, visit their [home page](#) for updated resource guides and e-mail Zhanae@dcfyi.org so that I can update links.